

Merton Council

Health and Wellbeing Board

29 November 2022

Supplementary agenda

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| | <i>A verbal update to be provided at the meeting.</i> | |
| 7b | NHS & Social Care: ICP Innovation Investment Fund and Inequalities Investment Fund | 7 - 12 |
| | <i>A verbal update to be provided at the meeting.</i> | |
| 7c | NHS & Social Care: Mayor of London's Six Tests | 13 - 18 |
| | <i>A verbal update to be provided at the meeting.</i> | |

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Health on the High Street

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Project Manager, Health on the High Street

November 2022

What is Health on the High Street?



Health on the High Street is about building community integration by bringing health and wellbeing services into local high streets and improving access and health and wellbeing outcomes.

Our steering group agreed the following principles with which to run the project:

- **Change** the way **existing services** are **delivered**, and **champion success stories** across the borough
- Rebuild and **strengthen local communities** post Covid-19, to be **less isolated** and **more connected**
- Be **locally owned**, empowering Merton communities to take charge of their own health and wellbeing
- Focus on **place** and reimagine **public spaces** and **High Streets** in Merton as **hubs for communities**

Health on the High Street is a key project in Merton's Local Health and Care Plan.

Our Projects

To deliver this we have and will continue to link in with other workstreams in the borough, connect into existing projects and create new initiatives for residents.

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<i>Start Well</i>	<i>Live Well</i>	<i>Age Well</i>
<p>Pilot a Children and Young People’s Wellbeing Hub in Merton, location TBC, in the new year Budget: £10k</p>	<p>Procure Mental Health and Wellbeing Courses in East Merton with Wimbledon Guild in the new year (1 x online, 1 x in person) Budget: £5k</p>	<p>Set up Dementia Drop Ins at independent cafes across the borough, increasing access to dementia services and information ongoing since September Budget: £1.5k</p>
<p>Expand Stem4’s Red Telephone Box Youth Mental Health Support initiative into Merton Budget: tbc</p>	<p>Partner with Merton+ to scope wellbeing activities for LGBTQ+ residents Budget: tbc</p>	<p>Pilot a sports-focussed wellness activity targeting BAME men over 50 with Fulham Football Club at the SMCA Budget: tbc</p>
<p>Run two Health and Wellbeing Fairs in the new year – many organizations have signed up to attend 21st Jan: Lantern Arts Centre, Raynes Park 7th Feb: SMCA, Mitcham Budget: £3k</p>		



Dementia Cafes



NHS Merton
@nhsmerton_

Are you forgetting something, or know someone who is?

Come and talk to our memory specialists with the @alzheimerssoc for a quiet chat about what's on your mind and enjoy a free coffee from 3 pm today at the Metronome in Morden 8 Crown Lane, SM4 5B.

Forgetting something? (or know somebody who is?)

Come join our Memory Specialists for a quiet chat about what's on your mind, and enjoy a COFFEE ON US

Tuesdays from 3pm

METRONOME in Morden

8 Crown Lane, SM4 5BL



Merton Giving
@MertonGiving

A great local business initiative from the team at #Metronome in #Morden

John Merriman @johndmerriman · 15 Nov

Know someone supporting or living with Dementia? With the @alzheimerssoc at #Metronome Morden, we've created a weekly friendly drop-in. Free coffee. Please share to help us spread the word so people aren't struggling alone. #rt #share #dementia #Alzheimers #morden @nhsmerton_

[Show this thread](#)

NEW DEMENTIA DROP-IN

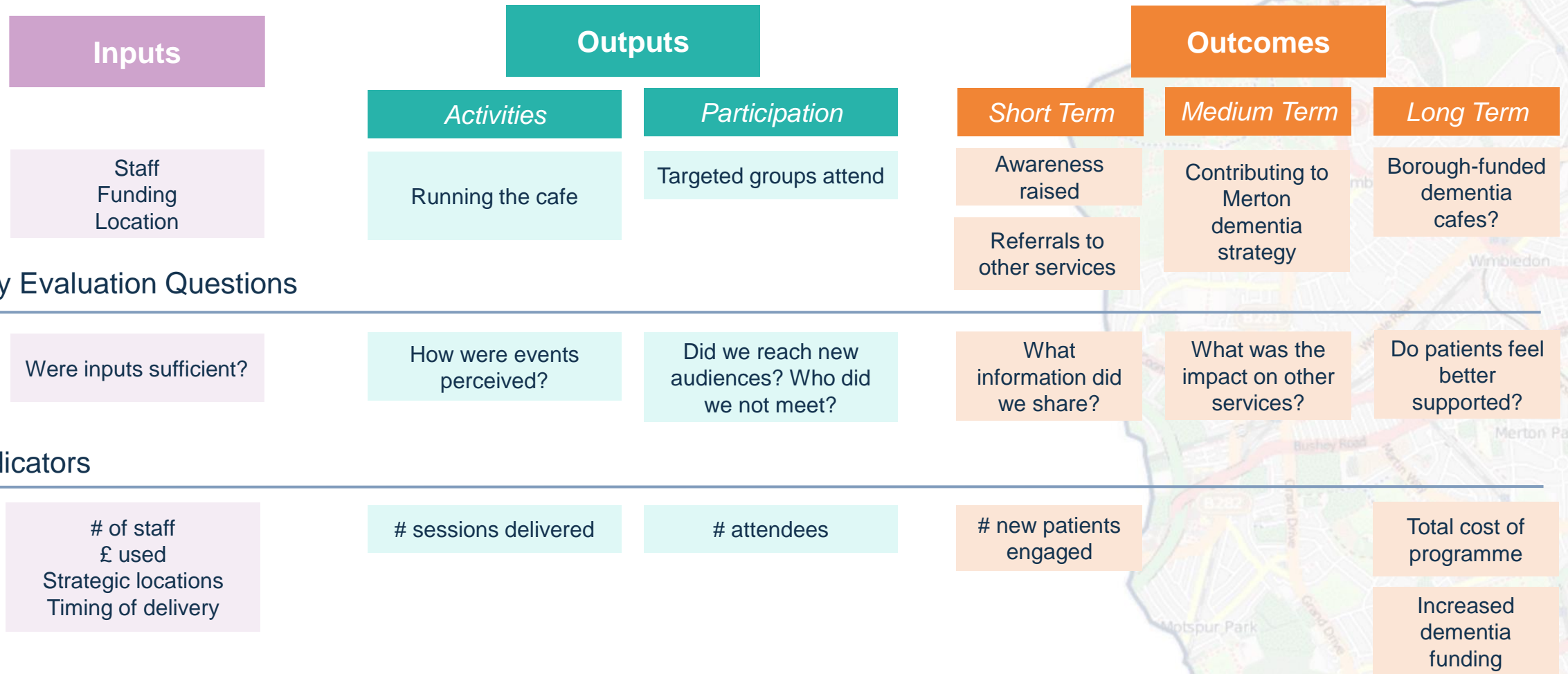
TUESDAY 3pm
quiet chat with memory specialists

Alzheimer's Society
United Against Dementia

Evaluation Framework

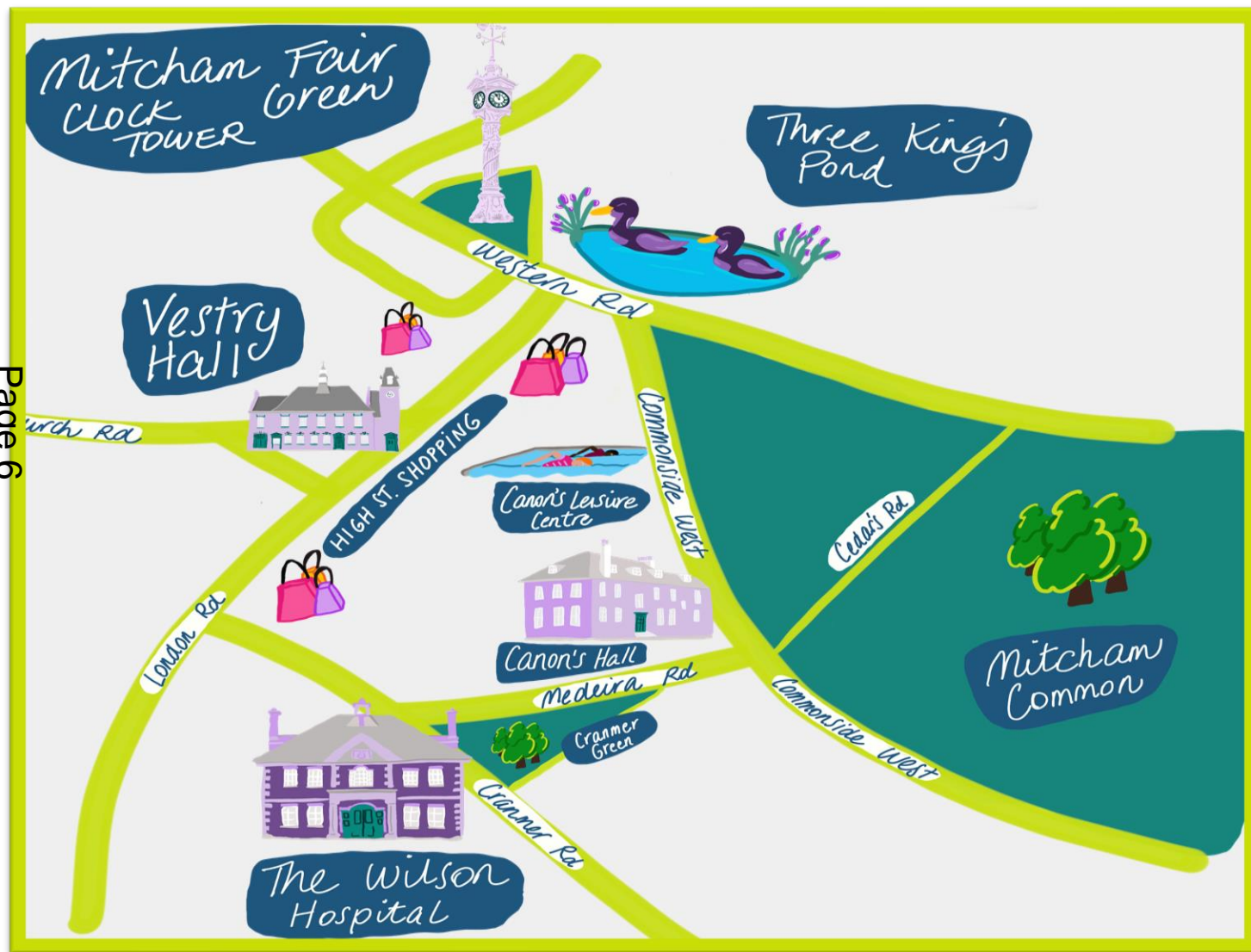
We met with the Health Improvement Network for advice on how to evaluate the project, especially given these are small scale projects which differ greatly from one another. *This framework is based on the Alzheimer's Cafes project and is in draft.*

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What's Next

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FFC & SMCA

Fulham Football Club to run sports-related activities for BAME men over 50 who live around the South Mitcham Community Association Centre, on the Phipps Bridge Estate.

This was based on feedback from the Centre as something they had wanted to run

Health and Wellbeing Days

Two Health and Social events scheduled at the Lantern Arts Centre and the SMCA to bring people together in a warm space over winter, to get information about their health, the cost of living crisis, and to find out more about their local communities.

Assertiveness & Boundaries Workshops

Wimbledon Guild to run workshops targeting socially excluded residents to become more assertive.

Target residents across Merton in 4 different locations.

South West London Investment Funds 2022

Innovation Funds

- In October SWL ICB launched the Innovation fund. The total value of the Innovation Fund is £4.9 million. This funding is Non-Recurrent for this financial year 2022/23.
- The focus of the Innovation fund wanted to invest in novel new ideas that would improve sustainability and/or increase resilience across health and care over the Winter period for 2022/23
- The funding is non recurrent and projects would need to be delivered this financial year.

Health Inequalities Fund

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- As part of the NHS national priorities to focus on health inequalities, South West London was awarded £4.3million funding from the national team, of which £2.7million has been allocated to the six places (boroughs) through a needs based approach.
- £1.6 million will be used for SWL wide programmes
- Merton allocation is £342,043
- The funding should help places to maintain work to reduce health inequalities, which achieving financial balance and elective recovery.
- Expressions of interest opened in October to apply, bidders had to receive Merton Place lead (Locality Exec director and Director within Merton Council signatures to apply)
- The SWL Quality team organised five shortlisting groups which has membership from across local authority, NHS and voluntary sector, to review, score the bids before final panel endorsement.

Merton submitted Innovation Fund bids



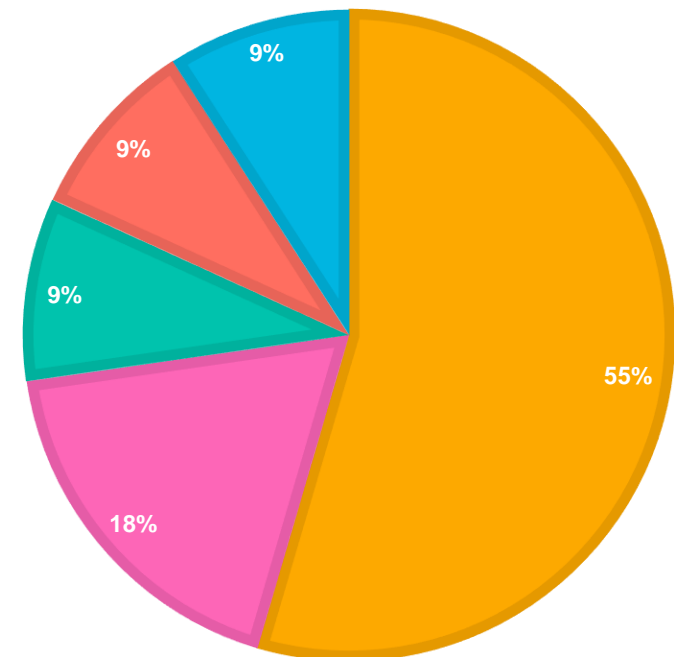
Innovation bids from Merton total £1.4 million

No.	Idea – brief description	Delivery partners	Resource requested
1	CYP Hub and Together clinics: Pilot new integrated CYP hub incorporating MDT together clinics across Merton building integrated locality working	St Georges Hospital, Merton PCNs & CLCH NHS	£117,000
2	Community support to combat Cost of Living Crisis: Community and voluntary sector bolstering to build community resilience.	Merton Connected	£50,000
3	The Gap: Pilot programme of 'The Gap'; a sport and play zone programme, with a mix of group, family and 121 electronic gaming and physical activities. The Gap will create a safe, non-stigmatised, aspirational space for participants to access information, advice, guidance and support on their health and wellbeing while improving their physical health	Tooting and Mitcham Football Club, LBM and PCNs	£129,800
4	Pilot a Respiratory Hub to cover Merton & Wandsworth: Proof of Concept Pilot for 2 PCN Respiratory Hub. Aim to Reduce UEC Winter respiratory presentations, Reduce health inequalities and health inequity, Improve health outcomes in respiratory disease,	PCNs	£55,200
5	Proactive GP led project for frequent attenders: Use PCN pop health management tool to identify frequent attenders in two PCN practices, and offer a GP led MDT meeting together with community partners to help address root causes.	PCNs & Wimbledon Guild	£51,390
6	Pilot CYP Health and wellbeing hub on the high street: Pilot project to set up two pop up hubs at two high street locations in Merton to coproduce and test the concepts and understand what could positively impact children and young peoples emotional and mental health.	LBM, SWL ICB and PCNs	£60,000
7	Frailty Prevention Pilot: Using PCN data to target those at risk of frailty and offer a proactive GP appointment and then GP led MDT approach together with partners CLCH to proactively support and build resilience through winter.	PCNs, Age UK Merton, CLCH and wider voluntary sector partners	£196,669
8	Winter FIT - Winter resilience and prevention in community pharmacy	Multiple voluntary sector partners	£405,000
9	Search engine marketing project across SWL: To engage people with winter messaging (to better self care, take early intervention and thereby reduce burden on a&e attendances and hospitalisations) refer into preventative services and develop digital patient pathways	Multiple voluntary sector partners	£70,000
10	Actively Merton – pilot beat the street and various other initiatives	LBM, SWL ICB, voluntary sector and PCNs	£250,000
11	Pilot new approach to supporting people keeping warm and active over the winter, with new digital tablets	LBM and voluntary sector partners	£50,000

Merton Inequalities response

- Merton's share of the inequalities pot is £342,044
- 22 potential projects were initially identified (totally £593,989)
- 11 projects were put forward for submission
- 55% were from the voluntary sector
- Panel feedback that Merton's bids were of high quality
- Outcome expected by the end of November
- Funds to be available from December

MERTON INEQUALITIES FUND BIDS BY SECTOR



Merton submitted Inequalities Fund bids



- Many of our projects align and support our Local health and Care plan priorities
- It is expected that successful bids will be managed through the Merton Health and Care together programme and partnership group.

No.	Idea – brief description	Delivery partners	Resource required
1	EMHIP Merton: Co-production project to identify people with lived experience to review the data in the PHM EMHIP dashboard alongside the lived experience to coproduce interventions to reduce ethnic inequalities in mental health.	Merton Connected, SWLStG, SWL ICB	£15,000
2	Actively Merton: Build community networks and infrastructure to coproduce prevention initiatives to encourage increase physical and social activity in Merton.	LBM, SWL ICB, Merton Connected and other Voluntary sector partners	£65,000
3	Eastern European Community engagement: Targeted engagement work to improve awareness and health access for East Merton's Eastern European community.	The Polish Families Association	£31,500
4	Expansion of CYP Social Prescribing: To scale-up the CYP social prescribing pilot into a second PCN address this unmet need in the borough and prevent further exacerbation and escalation of these health issues facing CYP	LBM, East Merton PCN	£57,000
5	Befriending service for isolated people with mental health needs: To aim at people who are housebound due to anxiety or depression project will providing information, coaching and supporting people to be more physically active, join services, groups and activities in the community	Age UK Merton & Wimbledon Guild	£33,301
6	Online and face to face counselling for BAME: A proposal in partnership with the Ethnic Minority Centre in Mitcham to provide both online and face to face counselling for people from black and minority ethnic groups who are underrepresented in people accessing therapy.	Wimbledon Guild, Ethnic Minority Centre Mitcham	£28,098
7	Wellbeing course: Workshops on Health Issues by Health Professionals and Outdoors Walks with exercises to improve Health Inequalities and build confidence through Mindfulness session, Yoga, Zumba class	Ethnic Minority Centre	£10,250
8	Support to homeless community: Bringing together HWB services and organisations within one community venue, for increased accessibility by homeless people	Spear	£24,995
9	Paediatric Sickle Cell: Pilot new community outreach services to support children from black and minority ethnic community who have sickle cell.	St Georges Hospital NHS Trust	£45,000
10	Social prescribing pilot for Learning disability: Pilot to roll out social prescribing for people with learning disability, creating connections between PCN and learning disability community sector.	Morden Primary care network	£15,300
11	Recruit additional activity lead to support older people in the community.	Age UK Merton	£16,600

Going forward

- Hopeful to learn which bids have been successful by the end of November and for successful projects to begin implementation in December.
- Keen to harness all project ideas and proposals for both bids as part of our Merton Health and Care Together partnership
- Process likely to be strengthened and improved for subsequent years, lots of great learning and feedback and ways to improve
- Embed innovation and creativity into our transformation programmes, so we are ready and able to maximise potential funding opportunities and also ensure continuous improvement in Merton.
- Support will be provided to successful bids, particularly to ensuring measuring impact and understanding the difference the projects have made to Merton residents

The Mayor's six tests Update November 2022

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Gemma Dawson

Deputy Director Merton Health and Care Together
South West London NHS

Agenda Item 7c

Background

- The Mayor of London's 'Six Tests', first introduced in 2017, play an important role in challenging the NHS to ensure that any major changes to our hospitals and other health services result in the best quality care for all Londoners.
- The Mayors six tests are applied to major service reconfigurations alongside the statutory consultation processes which accompany large scale change. The test framework was applied to the Epsom and St Helier's Improving Healthcare Together Programme.
- The disproportionate impact the corona virus pandemic had on people from black and minority ethnic backgrounds resulted in the Mayor commissioning a report from the Nuffield Trust to review available evidence and options for strengthening the health inequalities strand of the six tests.
- Key revisions, particularly to the health inequalities strand and the hospital bed strand have been published in November 2022, in light of the recommendations by the Nuffield Trust and also to reflect the changes to the health and care system by the new Health and Care Act 2022.

The six tests

The Mayors Six Tests aim to ensure that all such changes consider and address six main factors, which are:

1. Health inequalities and prevention of ill health
2. Hospital beds
3. Financial investment and savings
4. Social care impact
5. Clinical support
6. Patient and public engagement

Key changes

Under each key test area there are supplementary questions, amendments and additions to these have been made to two tests:

- To the Health Inequality test supplementary questions now regard:
 - The role the NHS plays as an anchor institution and crucially how it can impact the wider determinants of health and are major social, economic and cultural forces in local areas.
 - The impact of structural or systematic inequalities, including those relating to ethnicity and socio-economic deprivation.
 - Emphasise the ambition shared by the NHS and the Mayor to reduce access inequalities or unwanted variations, rather than merely demonstrating any proposed changes doesn't have a negative affect.
 - Equity of addressing health inequalities with other competing priorities; ensuring that addressing health inequalities is weighted equally with other priorities to ensure focus particularly in new transformations or NHS policies.
- Changes to the Hospital Bed test
 - Two further conditions in which reductions of hospital beds would be acceptable; where patient flows/pathways had changed significantly and where there is a credible demographic modelling indicating that fewer beds would be required in the future.

Revision to the supplementary questions of the Health Inequalities Strand of the Six Tests

1. Do proposals set out the current systemic health inequalities issues in their local population, including those driven by socio-economic deprivation and structural racism? Is the contribution of these inequalities to the Healthy Life Expectancy gap and other relevant measures of inequality considered?
2. Do proposals set out current systemic healthcare inequalities issues – in access, experience and outcomes – in their local populations and healthcare services, including those driven by socio-economic deprivation and structural racism? Is the contribution of these inequalities to the Healthy Life Expectancy gap and other relevant measures of inequality considered?
- Do proposals consider their impact on the health and healthcare inequalities identified in their baseline analyses in a systematic, documented way?
4. Do proposals ensure that services become more accessible to vulnerable groups, including those identified as experiencing the worst health and healthcare inequalities?
5. Do proposals set out specific, measurable goals for narrowing health and healthcare inequalities? Do proposals set out how health and healthcare equity is weighted in the options appraisal process? Are there plans to address information gaps on inequalities and population groups where such gaps exist?
6. Do proposed reconfigurations set out plans to maximise the role of the NHS as an anchor institution by considering the following: a. widening access to quality employment and work; b. making local purchases for social benefit; c. using buildings and spaces to support communities; d. reducing environmental impact; and e. working with local partners to advance a collective “anchor institutions mission”?

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